



“House Calls” are Back in Wayne County

How many remember the days when a doctor's visit, meant just that....they came to visit you. A local physician, specializing in geriatric care has decided to bring that care back, locally.

Dr. Luis Postigo has been in the Rochester area providing house calls for seniors 65 and older for the last 10 years. He is Board Certified in Internal Medicine, Geriatric Medicine, Hospice and Palliative Care, as well as a Certified Medical Director.

Dr. Postigo will now expand his services into parts of Wayne County. He is beginning to see patients in Ontario, Williamson, East Williamson, Pultneyville, Marion, Walworth and Macedon.

To help provide continuity of care he also follows his patients in the hospital, if they are admitted to Rochester General Hospital.

“I have worked in Nursing Homes, Assisted Living Centers, Hospitals, Urgent Care facilities, and Emergency rooms. I feel comfortable in all of these places, but I am especially happy to work where my patient is most comfortable...and that is their own home.”

The doctor, who was born in Peru, did his residency and medical education in Texas. He and his wife came to the Western New York area after “Katrina” hit. He said that they wife just started driving up the east coast, and when they saw the Lake Ontario shore, they were hooked. “We have lived in this area ever since,” Dr. Postigo happily reported. They looked at towns in Wayne County and further west - ending up buying a home in Webster.

His practice does not have an office (except for phones and file cabinets). All calls for appointments are taken at his home office and every appointment is a home visit. To keep the practice manageable, Dr. Postigo limits his services to geriatric patients, ages 65 and older and still at home (or at the home of a family member).

“One of the reasons this works so



Dr. Luis Postigo with this traveling office. He now provides house calls in part of Wayner County

well for the patient, is that there is not a need to dress up and travel and maybe wait a 1/2 hour or more in a waiting room for a much too short doctor's appointment. You can stay in the comfort and surrounding of your own home, with your own things and with your family near by. This also may allow a patient to remain at home longer, before the need for nursing home care,” emphasized Dr. Postigo.

Luis's father was a Scientist who came here to work at the University of Minnesota. “I guess I just got the science bug from him. I love medicine and I love what I do.”

He explained about fees and billing for his service.

“I see seniors in their home at No Extra Charge” Dr. Postigo noted. All insurances cover the cost of the home visits. He don't charge any extra fees for his service. He bills the patients's insurance company like a regular primary care

physician, and takes co-pays the same way a doctor at their office would.

A typical day for Dr. Postigo is to make rounds at Rochester General seeing his patients who are admitted. He is there from 7am-9am most mornings. His house call hours are scheduled between 9am-4pm, and then paperwork and electronic filing take up his evenings.

Patients can reach the doctor 24/7 through his dedicated text number and cell, and during the day for non-urgent matters and to schedule appointments.” I have no middle man or answering service, I do it all.”

