



## **How to get Aides at Home:**

1. If you have Medicaid and you qualify, Medicaid will pay for long term coverage with aides through a company. The company nurse will decide how many days and how many hours a day you will get with an aide. These hours can be decreased or increased by the company. Dr. Postigo does not have any control over how many hours you receive. Usually, every few months Dr Postigo receives a written request for medical information by the company that he provides.
2. If you have a Home Health Agency going to your home, because you are enrolled in: Home Care, Palliative Care or Hospice Care you can have aides. It is a short-term coverage. The Home Health nurse supervisor will decide how many days and how many hours a day you can get an aide. Dr. Postigo does not have any control over how many hours you receive. When Home Health Agency is gone, the aides will stop coming.
3. If you have VA benefits and you qualify, the Veterans Administration can pay for you to have long term aides. The VA will decide how many days and how many hours a day you get an aide. Dr. Postigo does not have any control over how many hours you receive.
4. If you don't qualify for any of the 3 above and you need aides you will need to pay for the aides from your own pocket. There are companies that provide private pay aides. On our webpage under the Senior Resources Tab, select the GRAPE Icon. Then click the button "Click here to see all of our services" and look under Health Services, Home -Based, Licensed Home Care Service Agencies or you can find a private aide yourself, ask Dr. Postigo for references.

## **What aides can do?**

They help you at home with tasks like taking a shower, cleaning or cooking. They will not manage your medicines.