



8-25-2025

Managed Long Term Care (MLTC)

Managed long term care (MLTC) plans, help people who are chronically ill, or people with disabilities who need long-term care services, such as home care or adult day care, so they can stay in their homes and communities as long as possible.

These plans are paid a monthly premium (capitation) by New York Medicaid to provide home care and other long term care services.

Contact a MLTC directly to see if you qualify, if they need medical information, they will contact Dr. Postigo directly.

If accepted, the Managed Long Term Care Plan (MLTC) after an evaluation by their nurse supervisor will decide how many hours of aide care you will receive every week. Every year the nurse supervisor will reassess your case and can change the number of hours you receive. Dr. Postigo **cannot** decide how many hours you will have.

Managed Long-Term Care Plans

Managed long-term care plans provide long-term care services (like home health and nursing home care) and ancillary and ambulatory services (including dentistry, and medical equipment), and caregivers can be paid by Medicaid. Members must be eligible for nursing home admission. While several plans in New York State enroll younger members, most managed long-term care plans enroll only patients 65 and older.



They will allow you to keep your current Doctor. For routine medical care, such as doctor visits and hospital stays and emergency room services, patients with an MLTC plan typically use their Medicare, Medicaid or other health insurance and not their MLTC Plan.

If You Have Medicaid, You Can Have Aides at Home Through the CDPAP Program

Usually, aides are provided for a long period of time.

To get an aide, first, you must enroll in the Managed Long Term Care Plan (MLTC) through **Public Partnerships LLC (PPL)** which is the single Fiscal Intermediary (FI) for the CDPAP program

If you don't qualify you cannot have aides, but if you do qualify, the Managed Long Term Care Plan (MLTC) will provide personal aides through a Consumer Directed Personal Assistance Program (CDPAP).

The CDPAP program will provide aides, but also allows you to hire aides of your choice including family members and friends. However, you cannot hire the patient's spouse or the person who is making medical decisions for the patient.

Managed Long Term Care Plan (MLTC) Single Fiscal Intermediary for the CDPAP Program for Monroe County

Public Partnerships LLC (PPL)
P:1-833-247-5346
pplfirst.com



Some Consumer Directed Personal Assistance Program (CDPAP) Companies in Monroe County

- Angels in Your Home – P: (585)392-1118
- ComForCare Home Care – P: (585)381-5439
- Community Care Companions – P: (585)454-4930
- Elite Home Health Care/ Elite Choice P: (585)300-6000
- Freedom Care – P: (585)535-9105
- Maxim Healthcare Services of New York – P: (585)454-3550
- Medical Solutions – P: (585)259-0984
- Unlimited Care – P: (585)272-8800
- Venture For the – P: (585)413-3752

Type Of Aides Provided By A Company Through The Consumer Directed Personal Assistance Program (CDPAP).

1. Personal care aides (PCA): may perform only non-skilled tasks like: cooking or cleaning, and provide assistance with Activities of Daily Living.

Activities of daily living ADL)

- Toilet use
- Feeding
- Dressing
- Grooming,
- Transferring (ambulation from the bed, chair or wheelchair and back)
- Continence (control of bladder and bowels)
- Bathing



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2. Personal assistants (PA): are allowed to perform skilled tasks.
Do not need a license or certification, consumer is responsible to teach the PA.

Skilled care activities:

- tracheostomy care
- medicine administration
- medicine injections including insulin
- topical treatments
- checking vital signs
- setting medical equipment like ventilators
- assisting with tube feeding
- wound dressing

Providing home visits for Seniors in and around the Rochester area (Monroe & Wayne Counties)

Specializing in: Geriatrics, Internal Medicine, and Palliative Care

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