



6-18-26

CDPAP

The Consumer Directed Personal Assistance Program, or "CDPAP", is a New York State Medicaid program that allows Medicaid members who are eligible for home care services to choose and hire their own personal caregiver, or "personal assistant". This can include a friend or family member, as long as they are not the Medicaid member's spouse, their designated representative or the parent of a CDPAP consumer under the age of 21. Will be paid by the hour.

CDPAP provides services to chronically ill or physically disabled individuals who have a medical need for help with daily activities or who require skilled nursing services. The CDPAP services provided by a personal assistant can include any of the services normally provided by a personal care aide (home attendant), home health aide, or nurse.

As of September 1, 2025, changes were implemented to the eligibility requirements for Personal Care Services and Consumer Directed Personal Assistance Services. These changes are called the Minimum Needs Requirements.

Eligibility for CDPAP services

To be eligible for CDPAP services, and individual must:

- be eligible for NYS Medicaid;
- have a stable medical condition;
- have a determined need for home-care services using a state approved assessment tool;
- *Meet the Minimum Needs Requirements if age 21 or over; and*



- be capable of self-directing or having a designated representative who can make decisions on the individual's behalf.

CPAP program requirements

The CDPAP recipient or their designated representative) is responsible for:

1. Recruiting, hiring, training, supervising, and terminating personal assistants;
2. Arranging back-up coverage when necessary;
3. Arranging and coordinating other services;
4. Keeping personal assistant payroll records; *and*
5. Working with the CDPAP Fiscal Intermediary (FI) to process payroll for services received.

Statewide fiscal intermediary

The Statewide Fiscal Intermediary assists with administrative services such as:

- processing the personal assistant's wages and benefits,
- processing the personal assistant's income tax and other required wage withholdings, *and*
- maintaining the required employment records for the personal assistant.



Public Partnership LLC (PPL) is the Statewide Fiscal Intermediary for New York State CDPAP. All CDPAP recipients are **required** to work with PPL as their Fiscal Intermediary.

Public Partnerships LLC (PPL)

P:1-833-247-5346

pplfirst.com

The Minimum Needs Requirements

The Minimum Needs Requirement apply to Medicaid recipients age 21 or older, seeking Personal Care Services (PCS) and Consumer Directed Personal Assistance Services (CDPAS). This requirement also applies to all Medicaid recipients aged 18 and older who want to enroll in a Medicaid Advantage Plan (MAP) or Managed Long Term Care Plan (MLTCP). The Minimum Needs Requirements applies to initial assessments and subsequent reassessment that occurred on or after September 1, 2025.

To meet the Minimum Needs Requirements individuals must be:

- assessed as needing at least limited assistance with physical maneuvering with more than two Activities of Daily Living; or
- for individuals with a Dementia or Alzheimer's diagnosis, assessed as needing at least supervision with more than one Activity of Daily Living.

Type of aides provided by the Consumer Directed Personal Assistance Program (CDPAP).

1. Personal care aides (PCA): may perform only non-skilled tasks like: cooking or cleaning, and provide assistance with Activities of Daily Living.



- Activities of daily living ADL)
- Toilet use
- Feeding
- Dressing
- Grooming,
- Transferring (ambulation from the bed, chair or wheelchair and back)
- Continence (control of bladder and bowels)
- Bathing

2. Personal assistants (PA): are allowed to perform skilled tasks. Do not need a license or certification, consumer is responsible to teach the PA.

- Skilled care activities:
- -tracheostomy care
- -medicine administration
- -medicine injections including insulin
- -topical treatments
- -checking vital signs
- -setting medical equipment like ventilators
- -assisting with tube feeding
- -wound dressing

[Understanding the Differences Between CDPAP and Personal Care Services \(PCS\)](#)



CDPAP and PCS are both Medicaid services that provide home care for individuals who need assistance. The goals of both programs are the same: to assist consumers with maintaining their independence and remaining in their home. However, the types of services that can be provided and who can provide these services are different. Consumers should understand these differences before making a choice between CDPAP and PCS.

My caregiver can be a close personal relative, including a parent (of an adult consumer), son, daughter, son-in-law, or daughter-in-law.

CDPAP: yes. PCS: No

As the consumer, I am in charge of employing my caregiver. This includes hiring, scheduling, and training.

CDPAP: yes. PCS: No

My caregiver is allowed to assist with taking health measurements such as temperature, pulse, blood pressure, sugar and glucose tests, etc., the self-administration of medications, and other services described as skilled nursing services.

CDPAP: yes. PCS: No

My caregiver will be required to complete training (minimum 40 hours) and competency evaluations.

CDPAP: No PCS: Yes

To apply for the CDPAP program (Consumer Directed Personal Assistance Program)

Important:



Luis G. Postigo, M.D.
75 Barrett Dr., #191
Webster, NY 14580
www.HouseCallMDforSeniors.com

Phone: (585) 872-2710
Fax: (972) 236-5360
Text Only: (585) 642-4571
Email: housecallmdforseniors@gmail.com

Of the 3 programs the MLTC offers only the MLTC partial capitation allows you to keep your current doctor. (Dr. Postigo)

1. Confirm Medicaid Eligibility

You must be enrolled in New York State Medicaid. If you do not have Medicaid, you must apply first through your Local Department of Social Services or the [NY State of Health Marketplace](#).

2. Schedule a Care Assessment

An assessment is required to determine the level of care needed and authorized CDPAP hours.

- **If you are in an MLTC Plan:** Contact your plan directly to request a nursing assessment.
- **If you are not in an MLTC Plan:** Contact an MLTC plan to schedule an evaluation.

Contact numbers of MLTC partially capitated plans

Fidelis Care at Home
1-800-688-7422

Icircle Services (Part of VNS Health)
860 Hard Rd, Webster, NY, 14580
VNS Member Services 888-867-6555
info@icircleny.org

Nascentia Health Options
1-888-477-4663
1050 West Genesee Street

Providing home visits for Seniors in and around the Rochester area (Monroe & Wayne Counties)

Specializing in: Geriatrics, Internal Medicine, and Palliative Care

www.HouseCallMDforSeniors.com



Luis G. Postigo, M.D.
75 Barrett Dr., #191
Webster, NY 14580
www.HouseCallMDforSeniors.com

Phone: (585) 872-2710
Fax: (972) 236-5360
Text Only: (585) 642-4571
Email: housecallmdforseniors@gmail.com

Syracuse, NY, 13204

VNS Health
1-855-282-4642

3. Choose Your Personal Assistant (PA)

Once approved for CDPAP, you can select your caregiver. This can be a family member, friend, or trusted acquaintance, but it **cannot** be your spouse or your designated representative. Parents also cannot be paid to care for their child under the age of 21.

4. Register with the Statewide Fiscal Intermediary (PPL)

New York requires all CDPAP consumers and aides to manage payroll and employment paperwork through the statewide fiscal intermediary, Public Partnerships LLC (PPL).

- The patient must be approved and register on [PPL@Home](#) first, followed by the caregiver.
- Assistance with registration is available by calling PPL at 1-833-247-5346 (English) or 1-833-281-0927 (Spanish).

5. Finalize the Care Plan and Begin

Once PPL completes your caregiver's medical screenings and tax paperwork, and your care plan is finalized, care can officially begin. Caregivers log their approved hours using the PPL Time4Care App.

Providing home visits for Seniors in and around the Rochester area (Monroe & Wayne Counties)

Specializing in: Geriatrics, Internal Medicine, and Palliative Care

www.HouseCallMDforSeniors.com