



Medicine Management

The cost of medicine is a very important factor in today's economy. During the first visit, the doctor will review all the medications a patient is taking. If there is an option in treatment and if it is okay with the patient, the cheapest medication will be selected. Sometimes this step is able to save a considerable amount of money in insurance copayments.

Prescription Refills

If you need a medication refill you have 2 options:

1. Call your pharmacy and ask them to send Dr. Postigo a request for the medication you need. (*best option*). Pharmacy will send an electronic request to our computer system or a fax.
2. Ask for a prescription refill during your medical visit with the doctor. (If the first option does not apply.)

It can take up to 3 days to refill a medication. Please plan accordingly and contact your pharmacy in advance.

New Prescriptions

If you need a *new* medicine, you have 2 options:

1. Call the office and schedule a medical visit with the doctor to discuss new medications. (*best option*)
2. If you need the medicine and it is an **emergency** call Dr. Postigo directly.



Medical Supplies

Medical supplies are items that are disposable, for either treatment (like disposable diapers) or diagnosis (like glucometer strips to measure glucose).

Medical Supplies Refills

If you need a medical supply refill:

1. Call your pharmacy or medical supply distributor and ask them to send Dr. Postigo a request for a refill. They will send a special form that needs to be filled by them and Dr. Postigo will sign it.

It can take up to 15 days to refill a medical supply since it needs to be approved by your insurance first. Please plan accordingly and contact your pharmacy or medical supply distributor in advance.

New Medical Supplies

If you need a **new medical supply**:

1. Call the office and schedule a medical visit with the doctor to discuss the new medical supply needed. (*best option*). Dr. Postigo will send your pharmacy or medical supply distributor a new prescription, they will send it to the insurance for approval, once approved they will send Dr. Postigo a special form filed by them and Dr. Postigo will sign it.
2. If you need the medical supplies and it is an **emergency** call Dr. Postigo directly. **This applies only for new items.**



Medical Equipment

Medical Equipment is equipment designed for long term use (not disposable) like a hospital bed, a mattress, oxygen, or a wheelchair.

New Medical Equipment

If you need a **new medical equipment**:

1. Call the office and schedule a medical visit (*best option*). Dr. Postigo will discuss the different models available, will do a medical evaluation and in the same day will send the medical evaluation, a prescription and a copy of your medical records to your medical supply distributor. The medical supply distributor will send all this information to your insurance for approval. This can sometimes be a lengthy process, and can last weeks. If approved by your insurance, the medical supply distributor will send Dr. Postigo a special form filed out by them and Dr. Postigo will sign it.

According to your insurance, sometimes you will have a monthly copayment for 12 months, after this, you own the equipment. Talk to your medical supply distributor before the delivery of the equipment and ask if you will have a monthly copayment.

2. If you need the medical equipment and do not plan to go through your insurance, you can go to a medical supply distributor store in person or through the internet and pay for it. Most of the times you will not need a prescription from Dr. Postigo.
3. If you need the medical equipment and it is an **emergency** call Dr. Postigo directly.